

# Parent Resource

## 50 Questions That Get Children Talking

### Rather than:

✗ How was school?

### Try:

#### About Their Day

1. What made you smile today?
2. What was the best part of your day?
3. What surprised you today?
4. What made you laugh?
5. What are you still thinking about?

#### About Friends

1. Who did you spend time with today?
2. Who made you laugh?
3. Did you help anyone today?
4. Did anyone help you?
5. What makes a good friend?

#### About Learning

1. What was the most interesting thing you learned?
2. What was the easiest thing today?
3. What was the hardest thing?
4. Did you discover anything new?
5. What would you like to learn more about?

#### About Feelings

1. What made you feel proud today?
2. Did anything make you nervous?
3. What made you feel brave?
4. Was there a moment you felt really happy?
5. If today was a colour, what colour would it be?

#### Fun Questions

1. If today was an animal, what would it be?
2. If you could replay one moment, what would it be?
3. What would you change about today?
4. What was the funniest thing that happened?
5. What would make tomorrow amazing?

## Creative Questions

1. What story would you tell about today?
2. What would be today's headline?
3. If today was a film, what would it be called?
4. Who was the hero of your day?
5. What was today's adventure?

## Reflection Questions

1. What challenged you today?
2. What are you proud of?
3. What did you do that was kind?
4. What did someone else do that was kind?
5. What are you grateful for today?

## Dreaming Questions

1. What are you looking forward to tomorrow?
2. What would you love to do at school one day?
3. What would your perfect school day look like?
4. What would you invent for school?
5. What would you teach if you were the teacher?

## Gentle Connection Questions

1. Is there anything you'd like help with?
2. Is there anything you'd like me to know?
3. Has anything been on your mind today?
4. What made you feel loved today?
5. What made you feel safe today?

## Just Because

1. What's your favourite memory from today?
2. What was your favourite sound today?
3. What was your favourite conversation?
4. What would you like to remember about today?
5. What should we talk about next?

## A Thoughtful Note for Parents

Not every question will spark a conversation, and that's okay.

Sometimes children need time, space and the reassurance that you're there when they're ready. These questions aren't designed to interrogate or fix. They're simply gentle invitations to connect.

You don't need to ask all 50. In fact, some of the best conversations happen when we least expect them. Pick one or two, stay curious, and remember that listening is often more powerful than having the perfect question.

Wishing you many meaningful conversations ahead.

Bonita x

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